



## drinks menu

### Taste-T coffee

|  | In    | Out   |
|--|-------|-------|
| Espresso short, black strong coffee  | £1.50 |       |
| Espresso double  | £1.70 |       |
| Macchiato espresso & frothed milk  | £1.80 |       |
| Cappuccino espresso, milk & frothed milk                                     | £1.90 | £1.70 |
| Cappuccino large   | £2.20 | £2.00 |
| Latte espresso & hot steamed milk  | £1.90 | £1.70 |
| Latte large  | £2.20 | £2.00 |
| Americano espresso topped with water   | £1.60 | £1.50 |
| Americano large  | £1.80 | £1.65 |
| Mocha latte with chocolate   | £2.10 | £1.90 |
| Mocha large  | £2.40 | £2.20 |
| Decaf coffee   | £1.60 | £1.50 |
| Caramel latte latte & shot of caramel  | £2.20 | £2.00 |
| Caramel latte large  | £2.50 | £2.30 |
| Lattes in vanilla, hazelnut and special flavours also available. Please ask. |       |       |
| Fros-T latte espresso, cold milk & ice                                       | £2.75 |       |

**Our Taste-T coffee** is a blend from Papua New Guinea, Brazil & Costa Rica, and sourced from farms that are certified as Fairtrade, organic and approved by the Rainforest Alliance. Not only is this one of the most ethically sound blends available, but the smooth acidity and buttery mouth feel with sweet fruity notes, deliver an excellent espresso experience.

### Chocola-T

|                         | In    | Out   |
|-------------------------|-------|-------|
| Hot chocolate large     | £2.20 | £2.00 |
| Pimped up hot chocolate | £2.75 |       |

Baby cino £0.50

### T

|                     | In    | Out   |
|---------------------|-------|-------|
| English breakfast T | £1.70 | £1.60 |
| Earl grey T         | £1.70 | £1.60 |
| Sencha green T      | £1.70 | £1.60 |
| Peppermint T        | £1.70 | £1.60 |
| Organic camomile T  | £1.70 | £1.60 |
| Red berry T         | £1.70 | £1.60 |
| Darjeeling T        | £1.70 | £1.60 |
| Organic rooibos T   | £1.70 | £1.60 |
| Decaf T             | £1.70 | £1.60 |

**Our T** is Suki leaf tea and ethically sourced as a priority. Suki aim to provide the finest loose leaf tea, herbal infusions and fruit blends from around the world without compromising on quality and freshness. Suki Tea really is 'Tea as it should be'.

### Fros-T cool drinks

|  |       |
|--|-------|
| Diet coke 330ml  | £1.90 |
| Coke 330ml   | £1.90 |
| Organic lemonade 330ml                                   | £1.90 |
| Sparkling water  | £1.40 |
| Still water  | £1.40 |
| Pressed orange juice<br>juice from 4 oranges             | £2.00 |
| Squash   | £1.00 |
| Innocent this water                                      | £2.50 |
| See fridge for what Innocent this water we have in today |       |
| Milk   | £1.00 |

### Orchard pig juices

|                     |       |
|---------------------|-------|
| Sparkling apple     | £2.00 |
| Apple & ginger      | £2.00 |
| Apple & raspberry   | £2.00 |
| Pear                | £2.00 |
| Apple & elderflower | £2.00 |
| Still apple         | £2.00 |

### Smoothies

|                             |       |
|-----------------------------|-------|
| Mango & orange              | £2.50 |
| Pineapple & passionfruit    | £2.50 |
| Apple & blackcurrant        | £2.50 |
| Innocent smoothies          | £2.50 |
| Innocent smoothies for kids | £1.80 |

See fridge for what Innocent smoothies we have in today



53 - 55 Sandy Park Road  
Brislington, Bristol BS4 3PH

8:00 - 18:00 Mon - Fri 9:00 - 18:00 Sat & Sun

email your thoughts to [info@tcupltd.co.uk](mailto:info@tcupltd.co.uk), visit [www.tcupltd.co.uk](http://www.tcupltd.co.uk), call 0117 9719008



## lunch menu

served from 12

### Sandwiches, paninis & soup

Sandwiches and paninis to eat in are served with side salad.

|  | In    | Out   |
|--|-------|-------|
| Sandwich<br>White or granary bread<br>See board for today's flavours | £3.95 | £3.20 |
| Panini<br>See board for today's flavours                             | £4.50 | £4.20 |
| Soup of the day<br>see board for today's flavours                    | £3.95 |       |

### Tan-T-alling mains

#### Full portion

#### Starter/small portion

Chicken parmigiana £8.95  
chicken breast in breadcrumbs with a chunky tomato sauce gratinated in Parmesan served with salad & hand cut chips

World T Cup   
mushroom tagliatelle £7.95  
pasta with mushrooms in a white wine, garlic & tarragon reduction 

£4.95

World T Cup bangers & mash £7.95  
one big chilli & goats cheese sausage, one big leek & pork sausage, dijon mash, onion rings & gravy 

£4.95

Pan fried salmon in a basil and white wine reduction £9.95  
with sage, crushed new potatoes & broccoli

World T Cup burger £7.95  
6oz home made burger in a rustic bap with bacon & mozzarella hand cut chips and salad 

**World T Cup**  
Products with a   
are £2 off during  
football world cup games  
Discount available on full portion meals only.

### Salads

Goats cheese salad  £7.50 £4.95  
with caramelised red onion on a large crouton

Chicken, bacon, £8.50 £5.95  
mango & avocado salad

Warm mediterranean vegetables £7.50 £4.95  
& roquefort cheese salad   
aubergines, pepper, garlic  
tomato, onion, courgettes & salad

### T-riffic sides

#### With cheese

|                          |       |       |
|--------------------------|-------|-------|
| Hand cut chips           | £2.50 | £2.95 |
| Home made onion rings    | £2.50 |       |
| Garlic bread             | £1.95 | £2.50 |
| Side salad               | £2.50 |       |
| Bowl of mixed vegetables | £2.50 |       |

### Tan-T-alling cakes

|                         |       |
|-------------------------|-------|
| Carrot cake             | £2.60 |
| Millionaires shortbread | £1.70 |
| Flapjack                | £1.70 |
| Wonder bar              | £1.70 |
| Lemon cake              | £2.60 |
| Brownie                 | £1.70 |
| Cookies                 | £1.50 |

### Bi-Ts and bobs

|                |       |
|----------------|-------|
| Piece of fruit | £0.75 |
| Ice cream      | £2.50 |
| Raisins        | £0.75 |